

How long will your infection last?



Most get better by 8 days

Mon	Tues	Weds	Thurs	Fri	Sat	Sun
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				





Most get better by 7-8 days

Mon	Tues	Weds	Thurs	Fri	Sat	Sun
)	2	3	4	5	6	7
(8)	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31	3			

Cold



Most get better by 14 days

Mon	Tues	Weds	Thurs	Fri	Sat	Sun
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	Y
22	23	24	25	26	27	28
29	30	31				

Cough



Most get better by 21 days

Mon	Tues	Weds	Thurs	Fri	Sat	Sun
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	20
29	30	31				

Antibiotics do not work for viral infections such as these noted above.

For more information visit the NHS Choices website: www.nhs.uk

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